

RHAGLEN RHYNGWLADOL CFFI CYMRU WALES YFC INTERNATIONAL PROGRAMME



ENW'R DAITH / NAME OF TRIP: CANADA

**Beth wnaeth i chi ymgeisio am daith gyda rhaglen ryngwladol CFFI Cymru? /
Why did you apply for a trip with the Wales YFC international programme?**

Roedd rhai o'n ffrindiau wedi bod ar wahanol deithiau, Kenya, Norwy a Sweden a phawb yn dweud pa mor wych oedd y profiad. Gan mai hwn oedd fy mlwyddyn olaf yn y CFFI, penderfynais roi gynnig arni. Cefais sioc fy mod wedi cael fy newis ar gyfer y daith i Ganada. Roedd yn brofiad bythgofiadwy - syfrdanol.



I ble aethoch chi? / Where did you go?

Ontario, Canada a threulio pythefnos gyda theuluoedd gwesteio

**Beth wnaethoch chi? Rhestrwch cynnwys yr uchafbwyntiau /
What did you do? – include the highlights**

Aethom i Ontario, Canada. Ymwelwyd gyda

- Y Ffair Aeaf Brenhinol
- CN Tower & Niagara Falls
- Sing Swing gyda Junior Famers of Ontario
- Gem Hoci Ia & Curling
- Bob math o ffermydd - moch, llaeth, biff a thwrci

Bûm yn aros gyda 5 teulu gwesteio
Aethom gyda'n gwestai i'r fasnachfrait John Deere
CMTv



**Pa fuddion personol cawsoch ar y daith? /
What personal benefits did you get from the trip?**

Gwybod fy mod yn gallu goroesi ar ben fy hun. Mae'r daith hwn wedi cynyddu fy hyder yn bendant - roedd yn brofiad anhygoel!

**Sut mae'r profiad yn gwahaniaethu o wyliau arferol /
How does the experience differ from a normal holiday**

Ar wyliau arferol byddwch yn cael gweld y prif atyniadau ond wrth aros gyda theuluoedd gwesteio rydych yn cael y cyfle i weld llawer mwy.



Beth oedd eich atgofion mwyaf melys / What was your most lasting memory

Sing Swing - Cael fy nysgu sut i wneud y 'quick step' gan Gowboi!
Hefyd, chwerthin gydag Eleri am ambell i beth!! a heb anghofio CMTv



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A few of my friends had been on different trips, Kenya, Norway and Sweden and they all said how great it was. As this was my final year in YFC, I just thought why not give it a go. I was rather shocked when I found out that I'd been chosen for the Canada Trip. It was a trip of a lifetime - Amazing



I ble aethoch chi? / Where did you go?

Ontario, Canada and spent 2 weeks with host families

Beth wnaethoch chi? rhestrwch ynnwys yr uchafbwyntiau / What did you do? – include the highlights

We went to Ontario, Canada. Where we visited:

- Royal Winter Fair
- CN Tower & Niagara Falls
- Sing Swing with Junior Farmers of Ontario
- Ice Hockey Match & Curling
- All types of farms-pigs, dairy, beef, and turkeys

We stayed with 5 host families

Went to work with my host to the John Deere Franchise
CMTV



Pa fuddion personol cawsoch ar y daith? / What personal benefits did you get from the trip?

Knowing that I can survive on my own. This trip has definitely increased my confidence – It was an amazing experience!

Sut mae'r profiad yn gwahaniaethu o wyliau arferol / How does the experience differ from a normal holiday

On a normal holiday you would see the main attractions but by staying with a host family you get to see the real Canada!



Beth oedd eich atgofion mwyaf melyn / What was your most lasting memory

Sing Swing – Being shown how to quick step by a Cowboy!
Also, laughing with Eleri over silly stuff we said!!! And not forgetting CMTV

